



Northeast Florida Mental Health Counselors Association 2016 Report

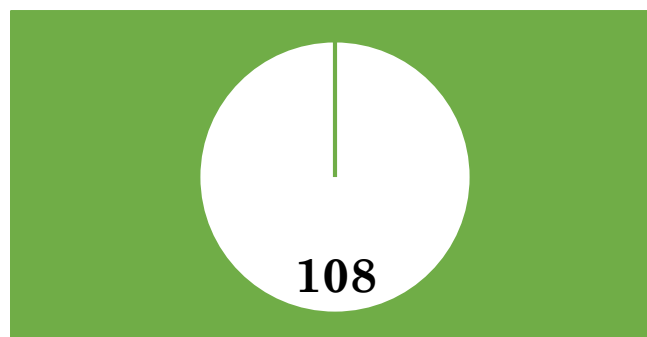
NEFMHCA strives to deliver events and opportunities that its members and associates deem significant at times and locations that are convenient to them. We requested that our members and associates share their preferences in regards to how we can help to meet their professional needs by taking a brief survey.

This report summarizes those results. These results will help determine the direction of NEFMHCA activities for the 2016-2017 membership year!

This report can also be viewed online on the following website www.nefmhca.com.

108

Participants Completed This Survey



81 NEFMHCA members and 27 Non Members

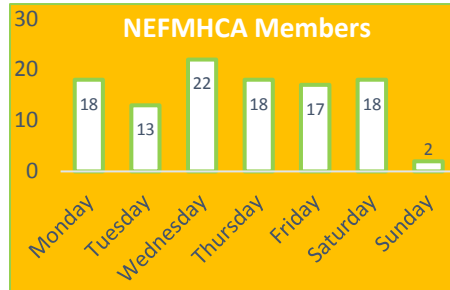


Participants were asked to give their input about what it would take to increase their attendance at

Board Meetings

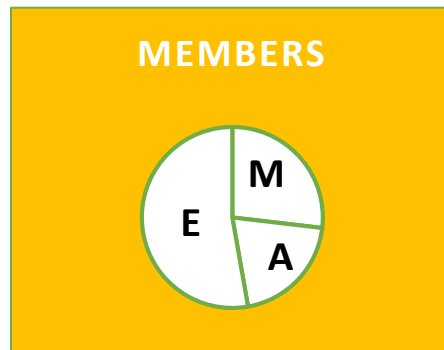
Participants provided feedback on the following survey items. These are the results.

I would be more likely to attend a NEFMHCA Board Meeting if it took place on



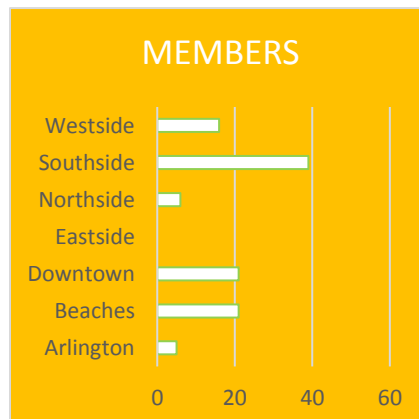
Key findings: Mondays, Wednesdays, Thursdays and Saturdays were best days for members and non-members to attend Board Meetings.

What is the best time of day for you to attend a NEFMHCA Board Meeting?



Key findings: Members and non-members indicated evenings as being the best time of day to meet for NEFMHCA Board Meetings.

I would be more likely to attend a NEFMHCA Board Meeting if it took place in....



Key findings:

Members and non-members mostly preferred that board meetings take place in the Southside area of Jacksonville

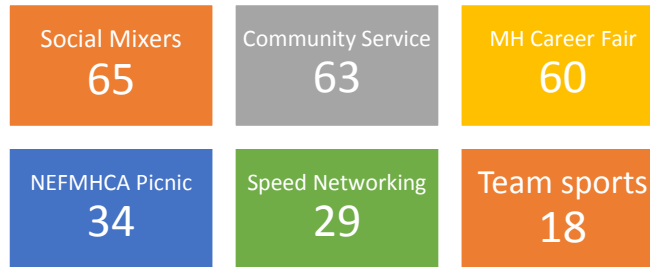


Participants were asked to give their input about what it would take to increase their attendance at

Social/Networking Events

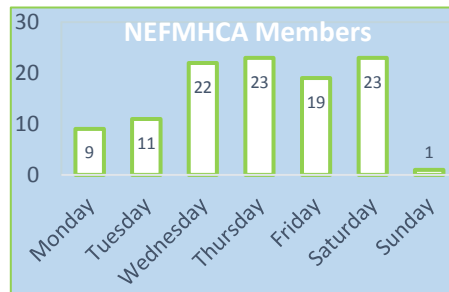
Participants provided feedback on the following survey items. These are the results.

What NEFMHCA social/networking events would you be most likely to attend?



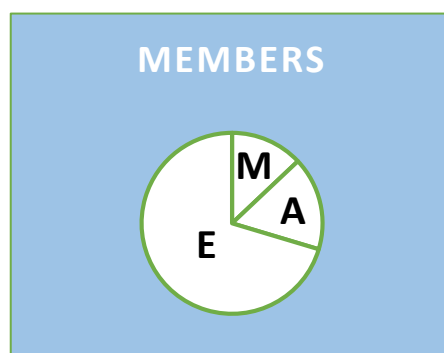
Key Findings: Participants are most interested in attending networking events that are social mixers, community service events and career oriented.

I would be more likely to attend a Social/Networking Event if it took place on



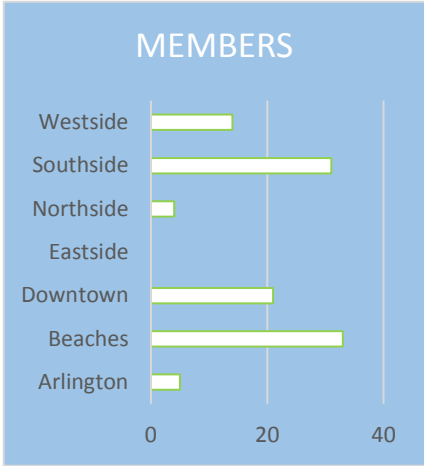
Key findings: Members and non-members prefer to attend social networking events on Wednesdays, Thursdays or Saturdays.

What is the best time of day for you to attend a Social/Networking Event Meeting?



Key findings: Evenings are most popular for social networking.

I would be more likely to attend a Social/Networking Event if it took place in....



Key findings:

Members and non-members primarily prefer to network in the Beaches and Southside areas of Jacksonville.



Participants were asked to give their input about what it would take to increase their attendance at

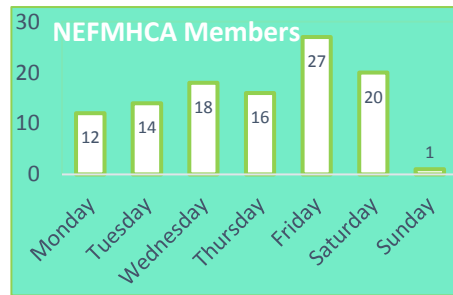
Continuing Education Events

Participants provided feedback on the following survey items. These are the results.

Addiction - 39	Domestic Violence - 19	Kids and the media - 21
Aging – 34	Developmental Dis. - 21	<u>Trauma - 62</u>
Abuse - 29	Laws and Rules - 42	Brain - 29
Sex trafficking - 25	<u>Couples - 49</u>	Eating Disorders - 24
Anger - 40	<u>Depression - 41</u>	Sleep - 21
Parenting - 32	Mood Disorders - 41	Death and dying - 42
Adolescents - 31	Suicide - 36	ADHD – 22
Children - 31	Ethics - 30	Autism - 21
<u>Personality Dis. - 53</u>	<u>Mindfulness - 52</u>	Stress-44
<u>Anxiety - 51</u>	Bullying - 20	

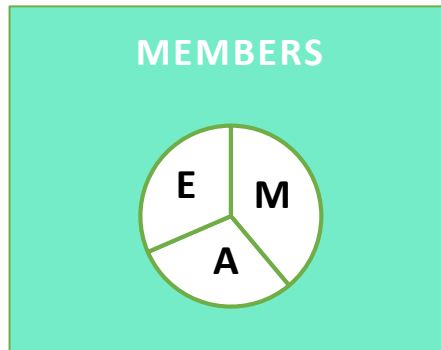
Key Findings: Participants are most interested in continuing education events which discuss personality disorders, anxiety, depression, mindfulness and trauma.

I would be more likely to attend a Continuing Education Event if it took place on



Key findings: Members and non-members prefer to attend continuing education events on Fridays and Saturdays.

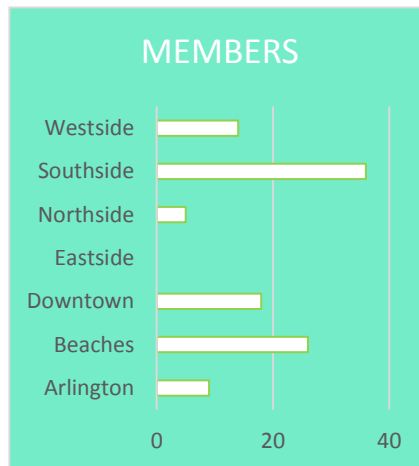
What is the best time of day for you to attend a Continuing Education Event Meeting?



Key Findings

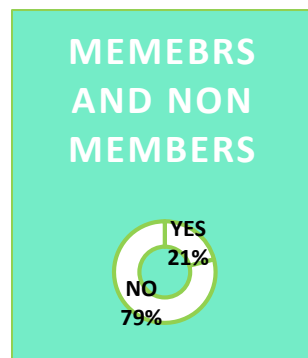
Members and non-members responded in almost equal proportion to time of day preferred to attend a continuing education event.

I would be more likely to attend a Continuing Event if it took place in....



Key findings: Members and nonmembers primarily want to attend continuing education events in the Southside and Beaches areas of Jacksonville.

Would you like to provide a free training to NEFMHCA members and associates covering one of the above clinical topics?



Twenty-one percent of members and non-members stated that they would be willing to conduct as CEU workshop for NEFMHCA. Topics suggested Addiction, Anger, Suicide, Laws and Rules, Personality Disorders, Career Transition Issues, Play Therapy, Counseling the Military Population, Death and Dying, Grief, Equine Assisted Psychotherapy, Estrangement, Transgender Issues, Infant and Toddler Mental Health, Marriage and Family Couples Counseling, Mindful Meditation, Post-infidelity traumatic stress, Teen Dating Violence, Transition Issues, Trauma Releasing Exercises, Domestic Violence

What benefits would you like to receive as a NEFMHCA member?

discounts on
continuing
education

networking
opportunities

Advocacy



Summary of Key Findings

Board Meetings

It may be beneficial to hold board meetings on Mondays, Wednesdays, Thursdays or Saturdays in the evenings in the Southside area.

Social Networking Events

It may be beneficial to hold social networking events on Wednesday, Thursday or Saturday evenings in the Southside or Beaches areas of Jacksonville. Participants are most interested in social mixers, community service and career oriented events.

Continuing Education

It may be beneficial to hold continuing education events on Fridays in the Beaches and Southside areas of Jacksonville. Participants are most interested in learning about personality disorders, anxiety, depression, mindfulness and trauma.

Member Benefits

Discounts on continuing education events, networking opportunities and advocacy were most valued as potential membership benefits by participants.

Member Engagement

There are several participants who are willing to provide a continuing education event for NEFMHCA at no charge. Topics would include Addiction, Anger, Suicide, Laws and Rules, Personality Disorders, Career Transition Issues, Play Therapy, Counseling the Military Population, Death and Dying, Grief, Equine Assisted Psychotherapy, Estrangement, Transgender Issues, Infant and Toddler Mental Health, Marriage and Family Couples Counseling, Mindful Mediation, Post-infidelity traumatic stress, Teen Dating Violence, Transition Issues, Trauma Releasing Exercises, Domestic Violence

These results will help determine the direction of NEFMHCA activities for the
2016-2017
membership year!

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